

A portrait of Dr. Amir H. Karam, a man with dark hair and a light beard, wearing a blue shirt and a patterned blazer.

Seyyed Reza Sobhani

Present position: Assistant Professor

Department of Nutrition
Faculty of Medicine
Mashhad University of Medical Sciences
Mashhad, Iran

E-mail : Seyyedrezasobhani@gmail.com , Rsobhani@sbmu.ac.ir ,
SobhaniRZ@mums.ac.ir

◆ **PhD in Food and Nutrition Policy** Jan, 2020

♦ **MSc in Public Health in Nutrition** **Feb, 2016**

◆ BSc in Nutrition Jun 2014

Supervisor: Dr. Hassan Eini-Zinab

Awards and Honors:

- ◆ "Best Students" of Tehran University of Medical Sciences in 2016.
- ◆ First place in Ph.D. entrance exam and eighth in postgraduate exam.

Research Interests

- ◆ Food and Nutrition Policy
- ◆ Public Health Nutrition
- ◆ Sustainable Diet

Memberships

- ◆ Iranian Society of Nutrition

Reviewer in Journals

- ◆ Review Editor in International Journal of Public Health

Skills and Techniques

- ◆ Statistical Software including R, SAS, Stata, SPSS
- ◆ Microsoft Word, Microsoft Excel, Microsoft Power Point

Language Proficiency:

- ◆ Persian: Native
- ◆ English: Fluent
- ◆ Kurdish: Fluent

Hobbies:

- ◆ Sports (Soccer), Movies, Camping, Photography .

Publications

1. Sayyed Reza Sobhani, Arezoo Rezazadeh, Nasrin Omidvar, Hassan Eini-Zinab: Healthy Diet: A Step toward a Sustainable Diet by Reducing Water Footprint. Journal of the Science of Food and Agriculture 01/2019;, DOI:10.1002/jsfa.9591

2. Sobhani SR, Babashahi M. Taxation for reducing purchase and consumption of sugar-sweetened beverages: A systematic review. *International Archives of Health Sciences*. 2019 Apr 1;6(2):65.
3. SOBHANI, Seyyed Reza, and Mina BABASHAHI. "Determinants of Household Food Basket Composition: A Systematic Review." *Iranian Journal of Public Health* 49.10 (2020): 1827-1838.
4. Eini-Zinab, H., S. Edalati, S. R. Sobhani, M. F. Kezabi, and S. Hosseini. "Undernourishment trends and determinants: an ecological study of 76 countries." *Public Health* 186 (2020): 230-239.
5. Sharifi-Rad, J., BUTNARIU, M., Ezzat, S., Adetunji, C. O., Imran, M., Sobhani, R., ... & Maroyi, A. (2020). Mushrooms-rich preparations on wound healing: from nutritional and medicinal attributes to safety and toxicological concerns. *Frontiers in Pharmacology*, 11, 1452.
6. Atieh Mirzababaei, Mehdi Mollahosseini, Mohammad Hossein Rahimi, Mir Saeed Yekaninejad, Zhila Maghbooli, Reza Sobhani, Khadijeh Mirzaei: Interaction between a variant of chromosome 9p21.3 locus and Diet Antioxidant Capacity on Metabolic Syndrome in Tehrani adults. *Diabetology and Metabolic Syndrome* 09/2018; 10(1)., DOI:10.1186/s13098-018-0372-z
7. Sayyed Reza Sobhani, Abbasali Keshtkar, Ahmad Reza Dorosty, Hossein Farhadnejad, Hamed Pouraram: The Association Between Dietary Pattern and Weight Status in School-Aged Children: A Cross-Sectional Study. 11/2017; Published(Published)., DOI:10.5812/compreped.56063
8. Seyyed Reza Sobhani, Mina Babashahi: Determinants of Household Food Basket Composition: A Systematic Review. *Iranian Journal of Public Health*. Feb 2020.
9. Seyyed Reza Sobhani, Hassan Eini-Zinab, Arezoo Rezazadeh: Assessing the Changes in Iranian Household Food Basket Using National Household Budget and Expenditure Survey Data, 1991-2017.
10. AmirHossein Ramezani Ahmadi, Ramin Heshmat, AbouAli Vedadhir, Seyyed Reza Sobhani, Samira Ahmadi, Hamed Pouraram: Food Insecurity is Related to Women's Mental and Physical Health in Babolsar, Iran. 07/2017; 4(3):3-10., DOI:10.18869/acadpub.nfsr.4.3.3
11. Hassan Eini-Zinab, Reza Sobhani: Sustainable Diets and TraditionalLocal Foods (in Persion).
12. S Narmcheshm, N Omidvar, N Kalantari, Reza Sobhani: Relationship between thyroid stimulating hormone and metabolic syndrome in overweight/obese children.
13. S.R. Sobhani, A.R. Dorosti, A. Keshtkar, A.H. Ramazani, H. Pouraram: Association of school children's overweight and obesity with maternal overweight and obesity in the rural areas.
14. Davallo P, Sobhani R, Hekmatdoost A: Association between Dietary Diversity and Acne Vulgaris among Girls Aged 13-18 of Tehran.
15. Gaeini Z, Sohrabvandi S, Sobhani R, Soleimani M: Characteristics of pennyroyal essential oils (In Persian).

Conference Proceedings

1. Reza Sobhani: WORLD AND IRAN IN 2050; THE STATUS OF SOCIOECONOMIC FACTORS RELATED TO SUSTAINABLE DIET. the 3rd International and the 15th Iranian Nutrition Congress, Iran; 12/2018
2. Reza Sobhani, Hassan Eini-Zinab, Fatemeh Mohammadi, mahdiah shaikhi: Compliance of Iran's National Nutrition and Food Security Policy (2012- 2020) with Components of Sustainable Diets Framework (in Persian). Iranian Journal of Nutrition Sciences & Food Technology, Iran; 06/2018
3. Hassan Eini-Zinab, Reza Sobhani: Contemporary Socioeconomic Changes, Food & Nutrition Systems, and Sustainable Diets (In Persian). 06/2018
4. Shabnam Hosseini, Mojtaba Fallah Kezabi, Sayyed Reza Sobhani, Hassan Eini Zinab: Is the food shortage in poor countries the main cause of nutritional diseases. International Conference on Medicine, Public Health and Biological Sciences (MPHBS); 09/2016, DOI:10.18869/MPHBS.2016.124
5. Nasrin Omidvar, Saba Narmcheshm, Naser Kalantari, Parisa Amiri, Ghazaleh Eslamian, Forouzan Salehi, Reza Sobhani, Zahra Feizy: Management and control of overweight and obesity in school age children through a primary health care based program in Iran: A pilot study. The 1st International & the 13th Iranian Nutrition Congress, Iran; 11/2014
6. Omidvar N, Narmcheshm S, Kalantari N, Salehi F, Amirí P, Eslamian G, Sobhani R, Yarpasvar AH: The association between obesity/overweight and lipid profile in a sample of 6-7 year olds. III World Congress of Public Health Nutrition, Spain; 11/2014
7. Saba Narmcheshm, Nasrin Omidvar, Naser Kalantari, Parisa Amiri, Zohreh Amiri, Ghazaleh Eslamian, Reza Sobhani, Zahra Feizy: The Association Between Thyroid Stimulating Hormone and Body Mass Index in Overweight/Obese Children. 10th International Congress of Endocrine Disorders, Iran; 10/2014