

Dr. Maryam Khosravi

Assistant Professor of Mashhad university of Medical Sciences

[\[at\]mums](#)

[\[at\]yahoo.com](#)



P

Address:

Mashhad University of Medical Sciences (MUMS)
Paradise Daneshgah, Azadi Square, Mashad, Iran.

Tel: +98 (51) 38002367

Fax: +98 (51) 38002421

E-mail: KhosraviM@mums.ac.ir

K27666@yahoo.com

Updated at: January 2017

Educational Background

1996 : bachelor of nutrition science from Isfahan University of Medical Sciences

2002: master of nutrition science from Tehran University of Medical Sciences

2015: PhD nutrition science from Tehran University of Medical Sciences

Research Interests

Community Nutrition, Epidemiology, Statistics

Publications

1. Maryam Khosravi, Gity Sotoudeh, Reza Majdzadeh, Firoozeh Raisi, Relationship between healthy and unhealthy dietary patterns and depression. Iranian Journal of nutrition Sciences & Food Technology. 2017;11(4):17-27.
2. khosravi m., Ali Babaei A., Ghasemi M., Tavakoli Ghouchani H., Yousefi A., Evaluation of the effects of Islamic fasting on the biochemical markers of health. J Fasting Health.2016; 4(2):88-91.

3. Amini [M](#), [Khosravi M](#), [Baradaran HR](#), [Atlasi R](#). Vitamin B12 supplementation in end stage renal diseases: a systematic review. [Med J Islam Repub Iran](#). 2015 Jan 27;29:167.
4. Maryam Khosravi PhD, Gity Sotoudeh PhD, Reza Majdzadeh PhD, Somayeh Nejati MSc , Samaneh Darabi MSc, Firoozeh Raisi MD, Ahmad Esmailzadeh PhD , Maryam Sorayani MD. Healthy and Unhealthy dietary patterns are related to depression: a case-control study. [Psychiatry Investig](#). 2015 Oct;12(4):434-42.
5. [Khosravi M](#), [Sotoudeh G](#), [Raisi F](#), [Majdzadeh R](#), [Foroughifar T](#). Comparing dietary patterns of depressed patients versus healthy people in a case control protocol. [BMJ Open](#). 2014 Feb 12;4(2).
6. Maryam Khosravi PhD, Gity Sotoudeh PhD, Reza Ahmadkhaniha , Reza Majdzadeh PhD, Firoozeh Raisi MD. Erythrocyte poly unsaturated fatty acids mediate the relationship between dietary pattern and depression: a case-control study. Ready for submit.
7. Mirzadehahari Z, Mohammadi F, Eini zinab H, Khosravi M, mousavi N, Agasi M. Survey of Association between Major Depression Disorder in Women and Household Food Insecurity. [Iranian Journal of Nutrition Sciences & Food Technology](#). 2015; 10 (1) :9-20.
8. Khosravi M., Keshavarz S.A., Hoseyni M. Newborn nutritional status using anthropometric method and some effectal factors in bojnord, [The journal of medicine faculty of Tehran University of Medical Sciences](#), 2005;12(4):258-264.
9. Khosravi M., Armat R., Khadem N., Cesarean rate and its related factors in bojnord. Maternity hospitals bojnord, [The journal of nursing and midwifery faculty in Shahid Beheshti University of Medical Sciences](#), 2005; 16(59):258-264.
10. Khosravi M., Keshavarz S.A., Hoseini M., The most important factors affecting anthropometric indices in newborns of bojnord, [journal of Kerman University of Medical Sciences](#), 2005; 12(4) :40-47.
11. Alibabae A., Tavakoli H., Sabermoghadam M., Khosravi M., Ashtiani M., Effects of walnut on serum lipids and lipoproteins in girl students. [The journal of Gonabad University of Medical Sciences](#), 2003; 9(2):63-68.

Under review papers

1. Khosravi M., Sotoudeh G., Majdzadeh R., Raisi F., Aliakbari A., The Relationship between Dietary Patterns and Depression is mediated by Serum Level of Folate and Vitamin B12: A Case-Control Study
2. Khosravi M., Sotoudeh G., Ahmadkhaniha R., Majdzadeh R., Raisi F., Aliakbari A., Erythrocyte polyunsaturated fatty acids mediate the relationship between dietary pattern and depression: a case-control study

Presentations

Lectures

1. Khosravi M., Sotoudeh G., Majdzadeh R., Raisi F., Aliakbari A., The Relationship between D

Patterns and Depression is mediated by Serum Level of Folate and Vitamin B12: A Case-Control Study

2. Khosravi M., Armat R., Khadem N., Cesarean rate and its related factors in bojnord. Mat hospitals bogbord, The journal of nursing and midwifery faculty in Shahid Beheshti University of Medical Sciences, 2005; 16(59):258-264.

Posters

1. Khosravi M., Keshavarz S.A., Hoseyni M. Newborn nutritional status using anthropometric method and some effectral factors in bogbord, The journal of medicine faculty of Tehran University of Medical Sciences, 2005;12(4):258-264.
2. Khosravi M., Keshavarz S.A., Hoseini M., The most important factors affecting anthropometric indices in newborns of bojnord, journal of Kerman University of Medical Sciences, 2005; 12(4) :40-47.
3. Khosravi M., Sotoudeh G., Majdzadeh R., Nejati S. , Darabi D., Raisi F., Esmailzadeh A. , Sorayani M. Healthy and Unhealthy dietary patterns are related to depression: a case-control study. Psychiatry Investig. 2015 Oct;12(4):434-42.
4. Khosravi M., Sotoudeh G., Ahmadkhaniha R., Majdzadeh R., Raisi F., Aliakbari A., Erythrocyte polyunsaturated fatty acids mediate the relationship between dietary pattern and depression: a case-control study.
5. Khosravi M., Sotoudeh G., Karimi M., Majdzadeh R., Raisi F., Aliakbari A., Is Depression Related to Dietary Pattern, Obesity, And Physical Activity? A Structural Equations Modeling.

Honors & Awards

Researcher woman at the seminar of women and social development (2005)

Membership

The member of Nutrition Institute in Iran (2004 - present)

Counselor in the women affaires in North Khorasan university of Medical Sciences (2006)

Administrative Responsibilities

Educator in Bojnurd nursing faculty (1997 – 2002)

Faculty member in North Khorasan university of Medical Sciences (2003 – 2015)

Assistant Professor in Mashhad university of Medical Sciences (2015 – present)

Research Committee member and adviser in nursing and health faculty of North Khorasan university of Medical Sciences (2005-2007)

Teaching in numerous educational meetings about nutrition and dietetic for physicians, bachelors and technicians of health science, teachers of education administration, and TV programs

Other Skills
Authoring : Nutrition basics
Translating : Parenteral nutrition